



ATHABASCA
Regional Multiplex
Fitness & Aquatic Centre

ATHABASCA SUMMER PROGRAMS 2023



**ALBERTA
PACIFIC**
FOREST INDUSTRIES INC

DIAMOND SPONSOR

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General Information

Welcome to Athabasca Summer Programs 2023! Our goal is to make a fun filled summer for your children. We provide all kinds of activities that encourage teamwork, leadership, creativity and an active lifestyle for your children. Every day there is a fun theme; some old and some new. We hope to give your children a summer they will never forget!

Child must bring:

- Bagged lunch with snacks
- Water bottle
- Hat
- Running shoes
- Change of clothes
- Sunscreen
- Bug spray
- Other (as needed for programs)

Important Information:

- All participants must be 6 years or older.
- Parents must sign their children in and out of each program. Photo ID may be requested upon pickup.
- All programs are located in the Curling Rink unless otherwise posted.
- Additional waivers and supply lists will be available on our Facebook page, Website, and at Summer Program's office located at the Athabasca Regional Multiplex.

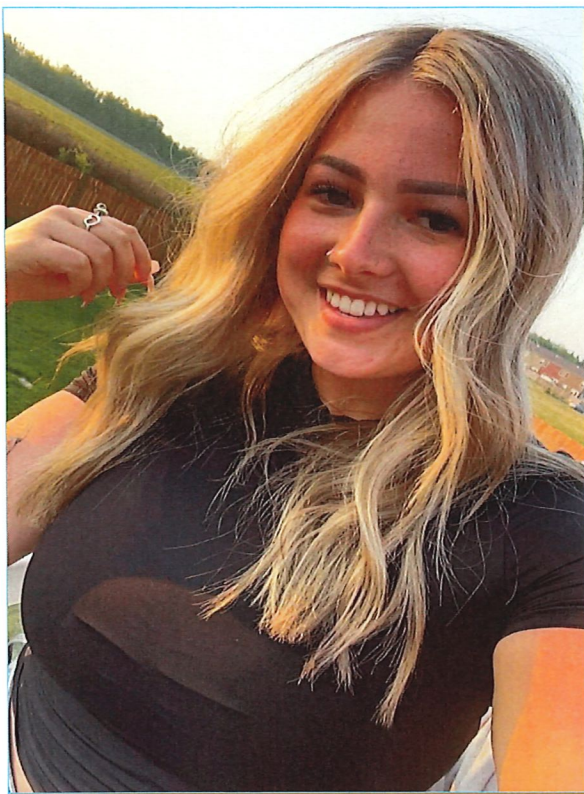
**We are very excited for this year to have your
child or children in our Summer Programs!**

For more information or any questions regarding the Summer Programs
please feel free to contact

Megan at 780-675-2967 or multiplexprograms@gmail.com
or visit us at Athabasca Regional Multiplex, #2 University Drive.

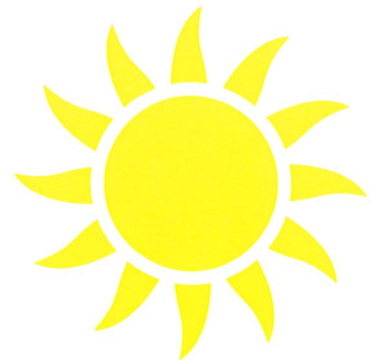
Information is also on the
Athabasca Regional Multiplex Website: www.athabscamultiplex.ca
and Facebook page

Meet the Staff!



Megan Boehlke
Summer Programs
Coordinator

Hi everyone! My name is Megan and I am very excited to be back this year! I am especially excited for our gardening program since I have 50+ plants and a huge garden! I look forward to seeing returning and new faces this year!

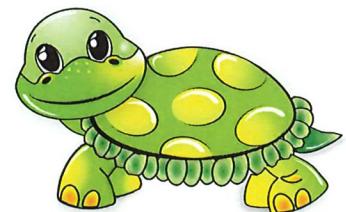


Meet the Staff!



Adriana Haub
Summer Programs
Leader

Hey guys! My name is Adriana, this will be my second year being a leader and I am so excited to be back! I love being outside and spending time at the lake. I can't wait to see all of you at the programs!



Meet the Staff!



Sarah Bilsky
Summer Programs
Leader

Hi! My name is Sarah and I am so excited to be a part of this year's summer camp programs! I have ran summer camps in the past and absolutely LOVE it! I am an aspiring teacher and sunshine enthusiast. When I'm not working or studying you can find me crafting, playing volleyball, enjoying water sports out at the lake, jamming to music, or looking for a new adventure. I can't wait for the fun summer we have planned and I look forward to seeing you soon!



philipmartin.info

Registration Information

*To register, visit the Athabasca Regional Multiplex Guest Services counter
or call 780-675-2967.*

Registration:

- All fees for Summer Programs **MUST** be paid at the time of registration.
- Registration for home programs will **close** 1 business day prior to the scheduled date.
- Registration for away programs will **close** 2 business days prior to the scheduled date.
- If you sign up for 10 programs (per child) you will receive a 5% discount.
Please remember payment needs to be paid in full.
- If you sign up for 20 programs (per child) you will receive a 10% discount.
Please remember payment needs to be paid in full.

*Important notice: City trips require a minimum number of enrollees.
In the unfortunate event of a cancellation, there will be a
multiplex program offered at a lower rate.*

Early Drop Off & Late Pick up:

- Early drop off starts at 8:00am until 10:00am.
- Late pick up starts at 3:00pm until 5:00pm.
- Pre-registration is required.
- Your child must be registered in the days' program for early drop off and late pick up option.

REGISTRATION IS NOW OPEN

*We do not offer refunds, however, an account credit will be given if a
child is sick (from the approval of the General Manager).*

SUMMER

PROGRAMS

Summer Shindig

Join us to kick off the summer with the inflatables, fun games and many more activities that will be happening over the summer.

Date: July 4th, 2023
Time: 10:00am – 3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch



Amazing Survivor

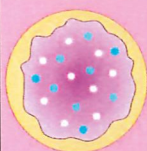
Do you have what it takes to become the Amazing Survivor? Join us as we race through intense mental & physical games.



Date: July 5th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

Tea Party

Come join us for a lovely cup of tea (with milk & sugar of course) and Cookie decorating!



Date: July 6th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

Wild Wilderness



Lets have an adventure outside! We will be hiking to the perfect picnic spot & exploring nature.

Date: July 7th, 2023
Time: 10:00am-3:00pm
Drop off & pick up: Multiplex
Cost: \$28
Other: Bring Picnic Friendly Lunch

Kung Fu & Swim



Come have a kick
with us as we learn Kung Fu
techniques from
Dylan Zilinski
& end the day with some
time in the pool.

Date: July 10th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim gear

Chuck E Cheese & Movie



**We are heading to the city to
hangout at Chuck E Cheese &
watch a movie in the theatre!**



Date: July 11th, 2023
Time: 8:30am-4:30pm
Drop off & Pick up: Multiplex
Cost: \$65
Other: Pizza & Popcorn included

Game Show



**Have you ever
wanted to be on
a game show?**

**Now is your chance to show
off your skills!**

Date: July 12th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

PJ Pizza Party

**Lets have a
party in our
pajamas' with
pizza & movies!!**



Date: July 13th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring something comfy to sit
on

ATHABASCA
CAR & TRUCK WASH
675-2822

HUNTER
MOTORS LTD.
Since 1946 - Athabasca, AB
  

Cake Boss

Come have a day full of decorating baked goods and enjoying these sweet treats!

Date: July 14th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up:
Multiplex
Cost: \$28
Other: Bring Bagged Lunch



Minute 2 Win It & Swim

Come challenge yourself with quick, crazy, challenging games you have to finish in under a Minute! We will be swimming afterwards as well.



Date: July 17th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim Gear

Crafty Crafts

Join in on the fun of making many different crafts to take home with you!

Date: July 18th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up:
Multiplex
Cost: \$28

Paint Ball

We're heading to Xcalibre paintball and having a fun filled day. Test your aim with targets and different courses.



Date: July 19th, 2023
Time: 9:00am-4:00pm
Drop off & Pick up:
Multiplex
Cost: \$65
Other: Bring Bagged

Lolly
Pop
knife Shop

KALTIRE
IT'S HOW WE ROLL



Pirate Day & Swim

Have you ever wanted to be a pirate? Lets spend the day being pirates, finding treasure and battling it out.

Date: July 20th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim gear

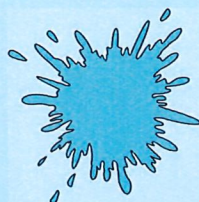
Athabasca FLIPS

Want to test your Gym Warrior abilities? Join us at FLIPS gym for a day of being a gym warrior!!

Date: July 21st, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Theatre
Cost: \$45
Other: Bring Bagged Lunch & wear comfortable clothing

Water Works

Join us for a day full of water games so prepare to get wet!!



Date: July 24th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Towel

Edmonton Zoo

We are heading to the city for the day to see all the animals in the Edmonton Valley Zoo!



Date: July 25th, 2023
Time: 8:30am-4:30pm
Drop off & Pick up: Multiplex
Cost: \$65
Other: Bring Bagged Lunch





DOLLAR STORE



Alien Day

Come spend the day in the Athabasca Galaxy where we will play laser tag, make alien crafts, and watch a movie!

Date: July 26th, 2023

Time: 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$28

Other: Bring Bagged Lunch

Garden Day

Do you have a green thumb?

Lets test this out with different gardening activities!



Date: July 27th, 2023

Time: 10:00am-

3:00pm

Drop off & Pick up: Multiplex

Cost: \$28

Other: Bring Bagged Lunch

Athabasca Public Library

Learn all about the local library!

We will be spending the day at the Alice B. Donahue Library with their Summer Program kids.



Date: July 28th, 2023

Time: 10:00am-3:00pm

Drop off & Pick up:

Theatre

Inflatable Day & Swim



We will blowing up all of the inflatables for a day of fun before we finish off in the pool!

Date: July 31st, 2023

Time: 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$28

Other: Bring Bagged Lunch & Swim gear



Galaxy Land

Lets head to West Edmonton Mall to the amazing amusement park of Galaxy Land & hit up all the rides!

Date: August 1st, 2023
Time: 8:30am-4:30pm
Drop off & Pick up:
Multiplex
Cost: \$75
Other: Bring Bagged Lunch



Super Spies Sleepover

Want to solve some mysteries and have a slumber party? Join us for spy activities before we wind down with a movie and sleep in the multiplex!



Date: August 2nd-3rd
Time: 6:00pm-10:00am
Drop off & Pick up: Multiplex
Cost: \$45
Other: Bring sleeping necessities, snacks, toiletries, & extra clothes
BREAKFAST INCLUDED

Chuck E Cheese & Movie



We are heading to the city to hangout at Chuck E Cheese & watch a movie in the theatre!

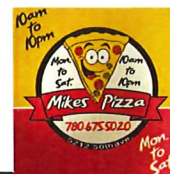
Date: August 8th, 2023
Time: 8:30am-4:30pm
Drop off & Pick up:
Multiplex
Cost: \$65
Other: Pizza & Popcorn Included



Scavenger Hunt & Swim

Lets explore the multiplex for hidden treasure before we hit the pool!

Date: August 9th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim gear



Spray Park

Lets hit up the Athabasca Spray park for a day full of sun and fun! We will also be joining the Library programs for some fun outdoor games.

Date: August 10th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Theatre
Cost: \$28
Other: Bring Bagged Lunch, towel, and

Athabasca olympics

Have what it takes to become an Olympian? Join us for a day of sports & games to test your abilities!

Date: August 11th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch



Fear Factor & Swim

Lets face our worst fears with some challenges before we go swimming!

Date: August 14th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim

Bowling, Pizza & Mini Golf



Join us as we head to the St. Albert Bowling Lanes

Date: August 15th, 2023
Time: 8:30am-4:30pm
Drop off & Pick up: Multiplex
Cost: \$65
Other: Pizza Included



Body Art

Lets have a fun filled day with
tattoos, face paint, makeovers
and nails!

Date: August 16th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

Fairy Tales Princess & Villians



Join us for a day
of fairy tale crafts,
activities, and
games before we
settle down to
watch a movie.

Date: August 17th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

Athabasca FLIPS

We are headed to the FLIPS gym
for a day of learning gymnastic
skills!

Date: August 18th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up:
Theatre
Cost: \$45
Other: Bring Bagged
Lunch



Paint & Swim

Come use your creativity and put
it towards different painting
techniques before we hit
the pool!

Date: August 21st, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim
gear

Around The World

Have you ever wanted to travel? Lets travel around the world in 1 day!

Date: August 22nd, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch

Aerial Park

We are heading to the Snow Valley Aerial Park for the day!

Date: August 23rd, 2023
Time: 8:30am-4:30pm
Drop off & Pick up:
Multiplex
Cost: \$75
Other: Bring Bagged Lunch



Under The Sea

We are going under the sea to explore the ocean as well as swimming in the pool!



Date: August 24th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch & Swim gear



Summer End Party

We will be reliving our kickoff party to shut summer programs down!

Join us for our summer end party to say goodbye to summer 2023!



Date: August 25th, 2023
Time: 10:00am-3:00pm
Drop off & Pick up: Multiplex
Cost: \$28
Other: Bring Bagged Lunch



Rainy Day Plans

***Rain or shine our programs will run,
they might just look a little different.***

July 19th—Paint Ball

Backup Plan—we will have an Ultimate Tag Program filled with multiple variations of tag, including laser tag.

July 24th—Water Works

Backup Plan—we will hit up our pool and finish the day off with relaxing movies.

July 25th—Zoo

Backup Plan— we will create our own zoo with fun games, crafts, and a movie all animal based.

August 10th—Spray Park



















Backup Plan—we will hangout in the theatre and play jumbo sized board games and some fun drama & theatre activities.

August 23rd—Aerial Park

Backup Plan - we will create our own obstacle courses to complete within the multiplex.

July 2023

Sun Mon Tue Wed Thu Fri Sat

						1
2	3	4 Summer Shindig 	5 Amazing Survivor 	6 Tea Party & Cookie Decorating 	7 Wild Wilderness 	8
9	10 Kung Fu  AFTERNOON SWIM	11 FIELD TRIP Chuck E Cheese and Movie 	12 Game Show Day 	13  PJ Pizza Party 	14 Cake Boss 	15
16	17  Minute 2 Win It AFTERNOON SWIM	18 Crafty Crafts 	19 FIELD TRIP Xcalibre Paintball 	20  Pirate Day AFTERNOON SWIM	21 Athabasca FLIPS 	22
23	24 Water works 31 Inflatables AFTERNOON SWIM	25 FIELD TRIP Edmonton Valley Zoo 	26  Alien Day	27 Garden Day 	28 Athabasca Public Library and Archives 	29

August 2023

Sun

Mon

















Tue

Wed

Thu

Fri

Sat

		1 FIELD TRIP WEM Galaxy Land 	2 Super Spies Sleepover 	3 	4 No Program	5
6	7 No Program	8 FIELD TRIP Chuck E Cheese and Movie 	 9 Scavenger Hunt AFTERNOON SWIM	10 Spray Park & Outdoor Games 	11 Athabasca Olympics 	12
13	14  Fear Factor AFTERNOON SWIM	15 FIELD TRIP St. Albert Bowling & Mini Golf 	16 Body Art 	17 Fairy Tales  Princess & Villains	18 Athabasca FLIPS 	19
20	21  Paint By Megan AFTERNOON SWIM	22 Around the world 	23 FIELD TRIP Snow Valley Ariel Park	 24 Under The Sea AFTERNOON SWIM	25  Summer End Party	26
27	28	29	30	31		

JULY SCHEDULE

Date	ACTIVITY	Cost	Enroll	Early Drop Off \$10	Late Pick Up \$10
July 4th	Summer Shindig	\$28			
July 5th	Amazing Survivor	\$28			
July 6th	Tea Party & Cookie Decorating	\$28			
July 7th	Wild Wilderness	\$28			
July 10th	Kung Fu & Swim	\$28			
July 11th	Chuck E Cheese & Movie	\$65		Not applicable	Not applicable
July 12th	Game Show Day	\$28			
July 13th	PJ & Pizza Party	\$28			
July 14th	Cake Boss	\$28			
July 17th	Minute 2 win it & Swim	\$28			
July 18th	Crafty Crafts	\$28			
July 19th	Xcalibre Paint Ball *weather dependent*	\$65		Not applicable	Not applicable
July 20th	Pirate Day & Swim	\$28			
July 21st	Athabasca Flips (THEATRE)	\$45			
July 24th	Water Works *weather dependent*	\$28			
July 25th	Edmonton Valley Zoo *weather dependent*	\$65		Not applicable	Not applicable
July 26th	Alien Day	\$28			
July 27th	Garden Day	\$28			
July 28th	Athabasca Public Library (THEATRE)	\$28			
July 31st	Inflatable Day & Swim	\$28			

AUGUST SCHEDULE

Date	ACTIVITY	Cost	Enroll	Early Drop Off \$10	Late Pick Up \$10
August 1st	WEM Galaxy Land	\$75		Not applicable	Not applicable
August 2-3rd	Super Spies Sleepover	\$45		Not applicable	Not applicable
August 8th	Chuck E Cheese & Movie	\$65		Not applicable	Not applicable
August 9th	Scavenger Hunt & Swim	\$28			
August 10th	Spray Park (THEATRE) *weather dependent*	\$28			
August 11th	Athabasca Olympics	\$28			
August 14th	Fear Factor & Swim	\$28			
August 15th	St Albert Bowling & Mini Golf	\$65		Not applicable	Not applicable
August 16th	Body Art Day	\$28			
August 17th	Fairy Tales Princess & Villians	\$28			
August 18th	Athabasca FLIPS (THEATRE)	\$45			
August 21st	Paint by Megan & Swim day	\$28			
August 22nd	Around the World	\$28			
August 23rd	Snow Valley Aerial Park *weather dependent*	\$75		Not Applicable	Not applicable
August 24th	Under the Sea & Swim	\$28			
August 25 th	Summer's End Party	\$28			

Participant Information

Child's Name: _____
Date of Birth: _____ Age: _____ Female: _____ Male: _____
Parent's Address: _____
Child's Address: _____
Parent/Guardian: _____
Home Number: _____ Work Number: _____
Email Address: _____
Emergency Contact (Other than Parent): _____
Phone Number: _____ Relationship: _____
People with permission to pick up your child (Photo ID may be requested upon pick up): _____

Medical Conditions (Please notify us of any serious allergies at the beginning of each program!):

Waiver for Summer Programs 2023

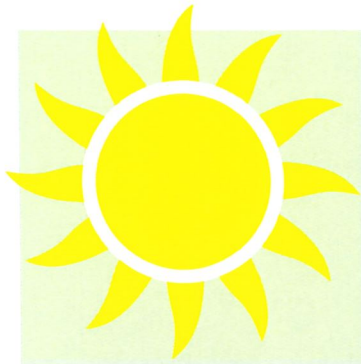
Check off each box and sign the bottom of the page to indicate that you have read and agreed to the following terms and conditions:

- ☐ I hereby acknowledge that my child is registered for programs or activities organized, operated or sanctioned by Athabasca Regional Multiplex Society.
- ☐ Furthermore, I do hereby release the Association, its members, officers, directors, employees, independent contractors and agents from all recourses, claims, causes of action of any form whatsoever in respect of all personal injuries or property losses which my child may suffer out of or connected with my child's participation in the programs offered by Athabasca Regional Multiplex Society, notwithstanding the injuries or losses that may have been caused solely or partly by the negligence of the Association or any of its members, officers, directors, employees, independent contractors or agents.
- ☐ I hereby also allow pictures to be taken of my child during Summer Programs that may be used at the discretion of Athabasca Regional Multiplex Society for promotional purposes.
- ☐ I hereby allow staff to assist my child in applying sunscreen .

Print Name _____

Signature _____

Date: _____



Our leaders goals are to make sure each child is having as much fun as possible as they are spending their summer vacation with us!

If there are any concerns, comments, or questions you may have, please contact Megan at 780-675-2967 or multiplexprograms@gmail.com

We hope to see you at our fun filled programs!

Front desk will also have information on registration, restrictions, and any other questions regarding programming.

Athabasca Regional Multiplex Aquatic Centre

Swim Schedule Effective June 5th

Programming	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim (Drop in is first come, first serve basis)	7:00am-9:00am 10:45am-1:00pm 5:00pm-6:00pm	7:00am-9:30am 10:30am-1:00pm	7:00am-9:00am 10:45am-1:00pm 5:00pm-6:00pm	7:00am-9:30am 10:30am-1:00pm	7:00am-9:00am 10:45am-1:00pm 5:00pm-6:00pm	10:00am-12:00pm	10:00am-12:00pm
Lane Swim: May be reduced to 1 lane during Shallow Water Aquafit and during Swim Lesson's; available on a first come, first serve basis.							
Drop In Aquafit	Deep Water: 9:00am-9:45am Shallow Water: 10:00am-10:45am	High Intensity: 9:30am-10:30am Evening Aquafit: 5:00pm-6:00pm Aqua-Kickboxing 6:00pm-7:00pm	Deep Water: 9:00am-9:45am Shallow Water: 10:00am-10:45am	High Intensity: 9:30am-10:30am	Deep Water: 9:00am-9:45am Shallow Water: 10:00am-10:45am		
Lane Swim: May be reduced to 1 lane during Shallow Water Aquafit and during Swim Lesson's; available on a first come, first serve basis.							
Hot Tub and Dry Sauna (18+)	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	10:00am-5:00pm	10:00am-5:00pm
Leisure Pool Hot tub, waterslide and dry sauna (18+) are available for use.	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	7:00am-8:00pm	10:00am-5:00pm	10:00am-5:00pm
Public Swim The diving board, hot tub, waterslide and dry sauna (18+) are available for use.	1:00pm-5:00pm 6:00pm-8:00pm	1:00pm-8:00pm	1:00pm-5:00pm 6:00pm-8:00pm	1:00pm-8:00pm Main Pool in use for Water-Polo (June 15 & 29) 7:00pm-8:00pm	1:00pm-5:00pm 6:00pm-8:00pm	12:00pm-5:00pm	12:00pm-5:00pm
Lane Swim: 2 lanes open throughout Public Swim times; available on a first come, first serve basis.							
New Programs & Special Events		Pod Cast Hour Enjoy listening to a staff pick pod cast as you swim. 7:00pm-8:00pm	1/2 off Public Swim June 14 & 28 7:00pm-8:00pm	Drop in Water-Polo June 15 & 29 7:00pm-8:00pm	Last Friday of the Month 1/2 for Youth & Student Teen Swim 7:00pm-8:00pm (June 30th, July 28th, Aug 25th)		

Please reach out if you are interested in learning about a career in aquatics at 780-675-2797.

See separate lessons schedules for dates, times, & more detailed information.

Our Sauna in the pool is a DRY sauna, and runs on electricity, please do NOT pour any water on the element! Please leave your water bottle outside the room.

Policy 500-004:

Children 0-5 years old need to be **IN ARMS REACH** of a reasonable person 18 years or older.

Children 6-8 years old must be **DIRECTLY SUPERVISED** by a reasonable person 16 years or older.

#2 University Drive, Athabasca, AB. T9S 0A3

Multiplex Front Desk: 780-675-2967

Aquatics Centre: 780-675-2797

Summer Swim Lessons 2023

Lifesaving Society Lessons	Week #1 July 10-14	Week #2 July 17-21	Week #3 July 24-28	Week #4 July 31-Aug 4	Week #5 Aug 14-18
Parent & Tot 1/2/3 (parent in water)	8:50am-9:20am	8:50am-9:20am	8:50am-9:20am	8:50am-9:20am	8:50am-9:20am
Preschool 1	9:25am-9:55am or 10:00am-10:30am	9:25am-9:55am	9:25am-9:55am or 10:00am-10:30am	9:25am-9:55am	9:25am-9:55am or 10:00am-10:30am
Preschool 2/3	10:45am-11:15am	10:00am-10:30am or 10:45am-11:15am	10:45am-11:15am	10:00am-10:30am or 10:45am-11:15am	10:45am-11:15am
Preschool 4/5	11:20am-11:50am	11:20am-11:50am	11:20am-11:50am	11:20am-11:50am	11:20am-11:50am
Swimmer 1	8:50am-9:20am or 9:25am-9:55am	8:50am-9:20am	8:50am-9:20am or 9:25am-9:55am	8:50am-9:20am	8:50am-9:20am or 9:25am-9:55am
Swimmer 2/3	10:00am-10:30am	9:25am-9:55am or 10:00am-10:30am	10:00am-10:30am	9:25am-9:55am or 10:00am-10:30am	10:00am-10:30am
Swimmer 4	10:45am-11:15am	10:45am-11:15am	10:45am-11:15am	10:45am-11:15am	10:45am-11:15am
Swimmer 5/6	11:20am-12:05pm	11:20am-12:05pm	11:20am-12:05pm	11:20am-12:05pm	11:20am-12:05pm
Canadian Swim Patrol Rookie/Ranger/Star	12:10pm-12:55pm	12:10pm-12:55pm	12:10pm-12:55pm	12:10pm-12:55pm	12:10pm-12:55pm
Private Lessons (A.M.)	a. 8:15am-8:45am or b. 8:15am-8:45am	a. 8:15am-8:45am or b. 8:15am-8:45am	a. 8:15am-8:45am or b. 8:15am-8:45am	a. 8:15am-8:45am or b. 8:15am-8:45am	a. 8:15am-8:45am or b. 8:15am-8:45am
Private Lessons (P.M.)	11:55am-12:25pm or 12:30pm-1:00pm	11:55am-12:25pm or 12:30pm-1:00pm	11:55am-12:25pm or 12:30pm-1:00pm	11:55am-12:25pm or 12:30pm-1:00pm	11:55am-12:25pm or 12:30pm-1:00pm

Lifesaving Society Swim for Life Lessons		Ages	Pricing
Parent & Tot	Previously Red Cross Starfish, Duck, Sea Turtle Now Parent & Tot 1, 2, & 3 (parent in water)	Ages: 3 months to 3 years	\$55.00
Preschool	Previously Red Cross Sea Otter, Salamander, Sunfish, Crocodile and Whale Now Preschool 1, 2, 3, 4, & 5	Ages: 3-5 years old	\$55.00
Swimmer Levels	Previously Red Cross Swim kids Level 1, 2, 3, 4 and 5 Now Swimmer Level 1, 2, 3, & 4	Ages: 6 years old and over	\$55.00
Swimmer Levels	Previously Red Cross Level 6 & 7 Now Swimmer Level 5 & 6	Ages: 6 years old and over	\$60.00
Canadian Swim Patrol	Previously Red Cross Level 8 & 9 Now Canadian Swim Patrol (Rookie, Ranger, Star)	Ages: 6 years old and over	\$60.00
Private/Cohort (30 minute time slot)	Maximum of 4 swimmers	Ages: All Ages	\$84.00
Note: If more than 1 swimmer, price is \$58.00/swimmer (participants must be within 2 levels, all ages welcome)			

2023 DROP IN AND MEMBERSHIP RATES effective March 1, 2023

ALL PRICES INCLUDE GST	TOTS 2 yrs. and under	CHILD 3 yrs. – 12 yrs.	STUDENT 13 + includes POST SECONDARY	STUDENT 13 + Enrolled in an Aspen View School	ADULT 18 +	SENIOR 65 +	FAMILY ***
Walking Track	FREE	\$3.00	\$3.00	\$3.00	\$3.00	\$2.00	N/A
Daily Drop in	FREE	\$5.00	\$7.00	\$7.00	\$9.00	\$7.00	\$21.00
Monthly Membership AUTO RENEW	FREE	\$29.00 \$27.00	\$48.00 \$44.00	\$29.00 \$27.00	\$63.00 \$57.00	\$48.00 \$44.00	\$135.00 \$122.00
3 Month Membership	FREE	\$84.00	\$137.00	\$87.00	\$180.00	\$137.00	\$386.00
6 Month Membership	FREE	\$159.00	\$258.00	\$174.00	\$340.00	\$258.00	\$649.00
Yearly Membership AUTO RENEW	FREE	\$264.00 \$238.00	\$428.00 \$386.00	\$348.00 \$314.00	\$565.00 \$509.00	\$428.00 \$386.00	\$973.00 \$876.00
Punch Pass Buy 10, Get 1 FREE	FREE	\$50.00	\$70.00	\$70.00	\$90.00	\$70.00	\$210.00
Walking Pass Buy 10, Get 1 FREE	FREE	\$30.00	\$30.00	\$30.00	\$30.00	\$20.00	N/A

MONTHLY AUTO RENEW DISCOUNT IS AVAILABLE WITH A MINIMUM 3 MONTH COMMITMENT; CANCELLATION REQUIRES A 30-DAY WRITTEN NOTICE

*** a family will consist of two adults (married, common in law, legal guardians), and their children, residing at the **SAME address**. **MAXIMUM 2 ADULT STUDENTS** per family membership.



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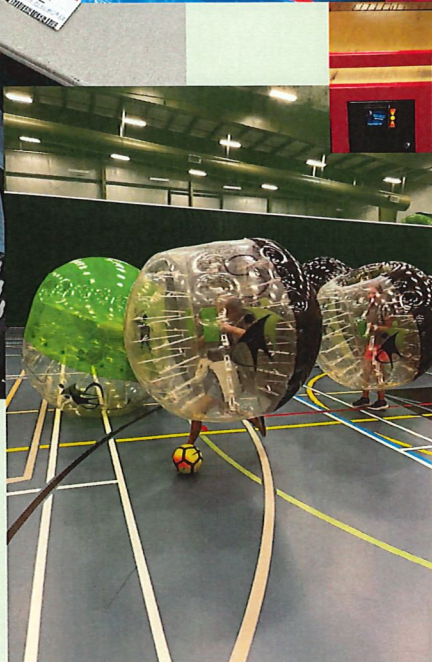
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Fun From 2022



Goodbye Summer

**That's a wrap for the
2023 Summer Programs!**

**Thanks for all the
fun & support!**

**Hope to see you all
again next summer!!**



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