



ATHABASSA Regional Hultiplex

Fitness & Aquatic Centre

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General Information

Welcome to Athabasca Summer Programs 2022! Our goal is to make a fun filled summer for your children. We provide all kinds of activities that enforce teamwork, leadership, creativity and an active lifestyle for your children. Every day there is a fun theme; some old and some new. We hope to give your children a summer they will never forget!

Child must bring:

- Bagged lunch with snacks
- Water bottle
- Hat
- Running shoes

- Change of clothes
- Sunscreen
- Bug spray
- Other (as needed for programs)

Important Information:

- All participants must be 6 years or older.
- Parents must sign their children in and out of each program. Photo ID may be requested upon pickup.
- All programs are located in the curling rink unless otherwise posted.
- Additional waivers and supply lists will be available on our Facebook page, website, and at Summer Program's office located at the Athabasca Regional Multiplex.

We are very excited for this year to have your child or children in our Summer Programs!

For more information or any questions regarding the Summer Programs please feel free to contact Adriana or Megan at 780-675-2967 or multiplexprograms@gmail.com or visit us at Athabasca Regional Multiplex, #2 University Drive.

Athabasca Regional Multiplex Website: www.athabscamultiplex.ca and facebook page

Meet the Staff



Adriana Haub Summer Programs Coordinator

Hi everyone! I like sports and spending time outside in the sun! My favorite animal is a turtle and I love doing crafts with my little siblings







Megan Boehlke Summer Programs Coordinator

Hello everyone! I am so excited to see all you at our programs this year, especially Galaxy Land—I love all the rides there!
My favorite color is green and in my spare time I love to water my plants and hangout with my wiener dog Turbo!









Claire Ramos Summer Programs Leader

Hey Guys! My name is Claire & this is my first year as a leader! I love animals, sports, and my favorite color is purple. In my spare time I like to go to the gym & spend time with my son Isaac! I am so excited to meet all of you!

Registration Information

To register your child/children for Athabasca Summer Programs come to the front desk at the Athabasca Regional Multiplex, #2 University Drive!

Registration:

- All fees for Summer Programs MUST be paid before your child is guaranteed a spot. If you
 have not paid your child's fees and the program is full, they will be moved to the waiting
 list.
- Last minute registration will be permitted as long as the space and resources allow it.
- If you sign up for 10 programs (per child) you will receive a 5% discount
- If you sign up for 20 programs (per child) you will receive 10% discount
- · To receive the discount, registrations must be paid in full

Important notice: city trips require a minimum of enrollees, if canceled there will be a multiplex program offered at a lower rate.

Early Drop off & Late Pick up:

- Early drop off starts at 8:00am until 10:00am.
- Late pick up starts at 3:00pm until 5:00pm.
- Pre-registration is required.
- Your child must be registered in the program that day in order to be registered for early drop off and late pick up

REGISTRATION IS NOW OPEN

We do not offer refunds, however, an account credit will be given child is sick with the permission of the General Manager.



Summer Shindig

Take a bounce into summer with us as we enjoy all of our favorite inflatables, fun games and many other activities to start off our summer programs.

Date: July 4th, 2022 Time: 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring a bagged lunch







Do you have what it takes to

Compete in our

Get ready, getset, GO! Race through intense dry and wet challenges with your team as we test your limits! Prepare to challenge your mental and physical skills throughout the day!

> Date: July 5th, 2022 Time: 10:00am-2:00pm

Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring a bagged lunch and a towel



Multiplex

Bowling & Pizza

Join us as we head to the St. Albert **Bowling Lanes!**



Date: July 7th, 2022 Time: 10:00am-3:00pm

Drop off & pick up: Multiplex

Cost: \$65

Other: Lunch provided, bring snacks

Board Game Day

Join us for a a day of playing all of your favorite board games and even make your own!

Date: July 8th,2022
Time: 10:00am -3:00pm
Drop off & Pick up: Multiplex
Cost:\$25

Other: Bring a bagged lunch



Archery & Laser Tag

Join us for a day of target shooting with our Bow and Arrows and Laser guns as well as be prepared to go head to head with your other camp members in an epic laser gun fight!

Date: July 11th,2022 Time: 10:00am-3:00pm Drop off & Pick Up: Multi-

plex

Cost: \$25

Other: Bring a bagged lunch

Chuck E Cheese & Movie



Come with us as we make our way to Chuck E Cheese and Watch a movie on the big screen!

Date: July 12th,2022 Time: 8:30am-4:30pm

Drop off & Pick up: Multiplex

Cost: \$65

Other: Pizza and Popcorn provided

Super Spies

Have you ever thought about being a spy? Sign up for this program to see what it takes to become a spy and crack a case!

Date: July 13th,2022 Time: 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$25





PJ Day



Throw on something cozy and join us for a day of slumber party fun!

Date: July 14th, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring a bagged lunch

FIESTA FRIDAY & POOL DAY

Start your day off with a swim before we dive into a day of festivities including eating Guacamole, Salsa, and Piñata excitement

exciteme

Date: July 15th, 2022 Time: 10;00am-3:00pm Drop off & Pick up: Multiplex Other: Snacks provided but bring bagged lunch and swim



Test your survival skills with us by spending the day in nature! We will be building and searching for many different objects throughout the day!

Date: July 18th, 2022 Time: 10:00am-3:00pm <u>Drop off & Pick up</u>: Multiplex

Cost: \$25

Other: Bring a bagged lunch



Get a feel for outer space with this jam packed day of space activities! We will be fighting off the aliens trying to take over our multiplex as well as making slime!

Date: July 19th, 2022 Time:10:00am-3:00pm > Drop off & Pick up: Multiplex

Cost: \$25











GIRLS CLUB

CALLING ALL GIRLS!!

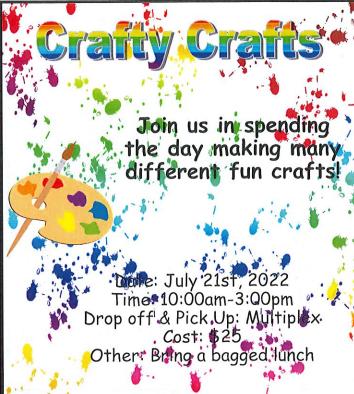
Come enjoy a girls day of doing nails, crafts, hair, fashion shows and more girly things!

Date: July 20th, 2022 Time: 10:00am-3:00pm

Drop off & Pick Up: Multiplex

Cost: \$25

Other: Bring a bagged lunch



Spray Park

Come make a splash with us at our local spray park and enjoy some fun in the sun

Date: July 22nd, 2022 Time: 10:00am-3:00pm

Drop off & Pick up: Theatre

Cost: \$25

Other: Swim suit, towel, sun screen, hat, a bagged lunch, and a water gun if

you wish



Galaxy Land

Come along as we head to Galaxy Land in Edmonton for a fun filled day of riding all the rides you can!

Date: July 25th, 2022 Time: 8:30am-4:30pm

Drop off & Pick up: Multiplex

Cost: \$75













Shining Star

Be a star for a day with this program by learning different dances and show off your karaoke skills!



Date: July 26th 2022 Time: 10:00am-3:00pm Drop off & Pick Up: Multiplex

Cost: \$25

Other: Bring a bagged lunch

Once Upon A Time

Sleepover

Come have a sleepover at the multiplex while we indulge in many activities surrounding all the best fairy tales!

Date: July 27th-28th, 2022 Time: 6:00pm-10:00am Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring Sleeping Necessities, snacks, toiletries, & extra clothes BREAKFAST INCLUDED

Goodbye July











Minute to Win It

Come challenge yourself to quick, crazy games after having a swim in the pool

Date: August 2nd, 2022 Time: 10:00am - 3:00pm Drop off & Pick up: Multi-

plex

Cost: \$25

Other: Bring bagged lunch &

Inflatable Day

Enjoy the day playing on all of our inflatables such as the obstacle course, bubble soccer, and more!

Date: August 3rd, 2022 Time- 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring bagged



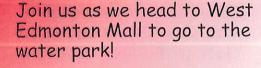
Centre Stage

Have a drama filled day with us as we head to the theatre to play many drama games and even put on our own play!

Date: August 4th, 2022 Time: 10:00am - 3:00pm Drop off & Pick up: Nancy

Appleby Cost: \$40

Other: Bring bagged lunch



Maye Poo

Date: August 5th, 2022 Time: 8:30am-4:30pm

Drop off & Pick up: Multiplex

Cost: \$75

Other: Bring bagged lunch and

swim gear + towel









Mad Scientist

Lets do some fun experiments and see what we can come up with!
Once we finish that we will hop in the pool!

Date: August 8th, 2022 Time: 10:00am - 3:00pm Drop off & Pick up: Multiplex

Cost- \$25

Other: Bring bagged lunch &

swim gear



Scavenger Hunt

Come see what treasures we can find around the Multiplex!
We will be searching all over the in and outside of it!

Date: August 9th, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex

Cost: \$25

Other: bring bagged lunch

Time is Ticking Sleepover



Come have a sleepover with us while we build a clock with Blue Lagoon!

Date: August 10th-11th, 2022
Time: 6:00pm-10:00am
Drop off & Pick up: Multiplex
Cost-\$45

Other: Bring Sleeping
Necessities, snacks, toiletries, &
extra clothes
BREAKFAST INCLUDED

Boys Club



Calling all boys!
Join us for a
fun filled boys

day doing lot of sports and target practicing games!

Date: August 15th, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex

Cost: \$25

Chuck E Cheese & Movie



Come with us as
we make our way
to Chuck E Cheese and Watch a movie
on the big screen!

Date: August 16th, 2022 Time: 8:30am-4:30pm Drop off & Pick up: Multiplex

Cost: \$65

Other: Pizza and Popcorn provided

Athabasca Games



We will be hosting Athabsca Summer Games! Come test your athletic skills with many different events!

Date: August 17th, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring bagged lunch

Game Show

Have you ever wanted to be a contestant on a game show? Join us for this program for a fun filled day of contests

Date: August 18th, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring a bagged lunch

Athabasca



Join us as we head to the FLIPS gym and learn gymnastics skills with them for the day!

Date: August 19th, 2022
Time: 10:00am-3:00pm
Drop off & Pick up: Theatre
Cost: \$40
Other: Bring a bagged lunch

Aerial Park

Join us as we head to Edmonton for the day to go to the Snow Valley Aerial park!

Date: August 22nd, 2022 Time: 8:30am-4:30pm Drop off & Pick up: Multi-

plex

Cost: \$65

Other: Bring a bagged

A STATE OF THE PARTY OF THE PAR

Time Travel Tuesday

Join us as we jump through different centuries and explore extinct wonders!

Date: August 23rd, 2022 Time: 10:00am-3:00pm Drop off & Pick up: Multiplex Cost: \$25

Other: Bring a bagged lunch

Summer Replay

Join us as we live a repeat day of our Summer Shindig and end summer with a bang!

Date: August 24th, 2022 Time: 10:00am-3:00pm

Drop off & Pick up: Multiplex

Cost: \$25

Other: Bring a bagged



That's a wrap for the 2022 Summer Programs

Thanks for all the fun

Hope to see you again next summer!!

www.athabascamultiplex.ca
And Facebook page





July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Canada day Come foin us at kiver from from 12:00,2:00	2
3	Summer Shindig	5 Amazing Race	6 Kung Fu & Swim	7 Bowling with Pizza	Indoor Outdoor- Board Game Day	9
10	11 Archery & Laser Tag	12 Chuck E Cheese & Movie	Super Spies	14 PJ Day	15 Fiesta Friday & Swim	16
17	Wild Wilderness	19 Aliens vs. Astronauts	20 Girls Club	21 Craft day	22 Spray Park	23
24 31	25 Galaxy Land	26 Shining Star day	27 Once Upon A Time sleepover	28	29 No Program	30

August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	No Program	Minute to win it & Swim	Inflatable Day	Centre Stage at Theatre	WEM Water Park	64 (
		Co		6		, F
7	8	9	10	11	12	13
*	Mad Scientists & Swim	Scavenger Hunt	Time is ticking Sleepover	11 R 12 3 3 3 5 5 5 4 5 5 5 4 5 5 5 4 5 5 5 4 5 5 5 4 5 5 5 4 5	No Program	
14	15	16	17	18	19	20
	Boys Club	Chuck E Cheese & movie	Athabasca Games	Game	FLIPS Day	
			666		Y	
.21	22	23	24	25	26	27
	Aerial Park	Time Travel Tuesday	Summer Replay			
28	29	30	31			

Registration Form

<u>Date</u>	2022 Program	Cost	Enroll	Early Drop Off \$10	Late Pick Up \$10
July 4	Summer Shindig Kick off	\$25			
July 5	Amazing Race	\$25			
July 6	Kung Fu and pool time	\$25		W	
July 7	***CITY TRIP Bowling & Pizza	\$65		Not applicable	Not applicable
July 8	Board Game Day	\$25			6
July 11	Archery & Laser Tag	\$25			
July 12	***CITY TRIP Movie & Chuck e Cheese	\$65			
July 13	Super Spies	\$25		Not applicable	Not applicable
July 14	PJ Day	\$25			
July 15	Fiesta Friday and pool time	\$25			
July 18	Wild Wilderness	\$25			
July 19	Aliens vs Astro	\$25			
July 20	Girls Club	\$25			
July 21	Crafty Crafts Day	\$25			
July 22	***Spray Park pick up/drop off at theatre	\$25			
July 25	***CITY TRIP WEM Galaxy Land	\$75		Not applicable	Not applicable
July 26	Shinning Star	\$25			
July 27, 28	***Once Upon A Time Sleepover	\$40		Not applicable	Not applicable
August 2	Minute 2 Win It and pool time	\$25			
August 3	Inflatable Day	\$25			
August 4	Centre Stage pick up/drop off at theatre	\$25			
August 5	***CITY TRIP WEM Wave Pool	\$75		Not applicable	Not applicable
August 8	Mad Scientist and pool time	\$25			,
August 9	Scavenger Hunt	\$25			
August 10,11	***Time Is Ticking Sleepover	\$45	,	Not applicable	Not applicable
August 15	Boys Club	\$25			
August 16	***CITY TRIP Movie and Chuck e Cheese	\$65		Not applicable	Not applicable
August 17	Athabasca Games	\$25			
August 18	Game Show Day	\$25			
August 19	Athabasca Flips pick up/drop off at theatre	\$40			
August 22	***CITY TRIP Aerial Park	\$65		Not applicable	Not applicable
August 23	Time Travel Tuesday	\$25			
August 24	Summer Replay Last Day 20	\$25			

Participant Information

Child's Name:				
Date of Birth:	Age:	Female:	Male:	_
Parent's Address:		4 2 2		
Child's Address:				
Parent/Guardian:				
Home Number:	Work Nun	nber:	5.35	
Email Address:				
Emergency Contact (Other than Parent):				
Phone Number:	Relationsh	ip:		
People with permission to pick up your child (I	Photo ID may	be requested u	pon pick up):	i i
Medical Conditions (Please notify us of any se	erious allergies	at the beginni	ng of each pr	ogram!):
Waiver for Sum	ner P	rogra	ms 2	022
Check off each box and sign the bottom of the following terms and conditions: I hereby acknowledge that my child is registed sanctioned by Athabasca Regional Multiplex States.				
Furthermore, I do hereby release the Association whatsoever in respect of all personal in or connected with my child's participation in Society, not withstanding the injuries or loss negligence of the Association or any of its macontractors or agents.	ciation, its men nts from all re juries or prop the programs ses that may h	nbers, officers courses, claims erty losses whi offered by Ath ave been cause	, directors, , causes of ac ch my child m nabasca Regio d solely or pa	ction of any ay suffer out of nal Multiplex rtly by the
I hereby also allow pictures to be taken of n discretion of Athabasca Regional Multiplex S	ny child during Society for pro	Summer Progr motional purpo	ams that may ses.	/ be used at the
I hereby allow staff to assist my child in app	lying sunscree	n .		
Print Name				
Signature		-		
Date:				

Telephone 780-675-2967



Summer Aquatic Centre Schedule effective July 2 - Aug 28 (holidays may affect these hours)

Please reach out if you are interex	Please reach out if you are interested in learning about a care.	Please reach out if you are interested in learning about a career in aquatics at 780-575-2.	Please reach out if you are interested in learning about a career in aquatics at 780-575-2797.	Please reach out if you are interested in learning about a career in aquatics at 780-675-2797.
vill be 2	vill be 2 lanes open throughout	vill be 2 lanes open throughout Public Swims available	vill be 2 lanes open throughout Public Swims available on a first come, first	<u>Lane Swim</u> - There will be 2 lanes open throughout Public Swims available on a first come, first serve basis.
1:0	1:00pm-8:30pm	1:00pm-8:30pm 1:00pm-8:30pm		1:00pm-8:30pm
7:0	7:00am-8:30pm	7:00am-8:30pm 7:00am-8:30pm		7:00am-8:30pm
7:0		7:00am-8:30pm 7:00am-8:30pm		7:00am-8:30pm
8:: Sh: 9:30 High II	Deep Water: 8:30am-9:15am Shallow Water: 9:30am-10:15am High Intensity Aquafit 6:30pm-7:30pm	Deep Water: 8:30am-9:15am Shallow Water: 9:30am-10:15am High Intensity Aquafit 6:30pm-7:30pm		High Intensity Aquafit 9:30am-10:30am
Sv 8:1	Swim Lessons 8:15am-1:00pm	Swim Lessons 8:15am-1:00pm 8:15am-1:00pm		Swim Lessons 8:15am-1:00pm
lane du	lane during Shallow Water Aqu	lane during Shallow Water Aquafit and during Swim L	lane during Shallow Water Aquafit and during Swim Lessons, use is on a fi	Lane Swim: May be reduced to 1 lane during Shallow Water Aquafit and during Swim Lessons, use is on a first come, first serve basis.
7:C 10:	7:00am-8:15am 10:30am-1:00pm	7:00am-8:15am 7:00am-9:30am 10:30am-1:00pm 10:30am-1:00pm		7:00am-9:30am 10:30am-1:00pm
1	Wednesday	Wednesday Thursday		Thursday
	lednesday lednesday lam-8:15am lam-8:15am ling Shallow Water Aqu lim Lessons lam-1:00pm llow Water: lam-9:15am llow Water: llow Water Aqu	lednesday Thursday Toolam-9:30am Thursday Thursday Thursday Thursday Toolam-9:30am Toolam-1:00pm Thursday Thursday Toolam-9:30am Toolam-1:00pm Toolam-1:0	Monday Tuesday Wednesday Thursday Friday 7:00am-8:15am 7:00am-9:30am 7:00am-9:30am 7:00am-9:30am 7:00am-9:30am 10:30am-1:00pm 10:30am-1:00pm 10:30am-1:00pm 10:30am-1:00pm 10:30am-1:00pm Lane Swim: May be reduced to 1 lane during Shallow Water: Swim Lessons Swim Lessons Swim Lessons Swim Lessons 8:15am-1:00pm 8:15am-1:00pm 8:15am-1:00pm Swim Lessons Swim Lessons 8:15am-1:00pm 8:15am-1:00pm 8:15am-1:00pm 8:15am-1:00pm 8:15am-1:00pm Beep Water: Shallow Wa	Index Inde

Policy 500-004:

Children 0-5 years old need to be IN ARMS REACH of a reasonable person 18 years or older. Children 6-8 years old must be <u>DIRECTLY SUPERVISED</u> by a reasonable person 16 years or older.

Safety Information:

Mermaid tails can be worn if they can tread water for 2 minutes and swim 25m while wearing it.

Athabasca Regional Multiplex Aquatics Centre

Summer 2022 Swim Lessons/Aquatic Programs

Starfish/Duck/Sea Turtle	Sea Otter	Salamander/Sunfish	Weeks A	vailable
9:25am-9:55am	8:50am-9:20am	9:25am-9:55am	Week #1	July 4-8
	10:00am-10:30am		Week #2	July 11-15
			Week #3	July 18-22
			Week #4	July 25-29
Crocodile/Whale	Level 1/2	Level 3/4	August	weeks
10:45am-11:15am	8:50am-9:20am	11:20am-11:50am	Week #5	Aug 8-12
	11:55am-12:25pm		Week #6	Aug 15-19
Level 4/5	Level 6/7	Level 8/9/10	Bronze Meda	Illion & Cross

11:35am-12:20pm

Private Lessons (am)	Private Lessons (pm)
8:15am-8:45am	12:25pm-12:55pm
8:15am-8:45am	12:30pm-1:00pm

10:10am-10:40am

10:45am-11:30am



Bronze Medallion & Cross

Dates: July 2, 3, 9, 10. Cost: \$250.00 (no GST)

Ages: 13+

Standard First Aid

Dates: July 6-7

Cost: \$125.00 (plus GST)

Ages: 13+

\$52.5	
	Ages: 3 months to 3 years
	Ages: 3-6 years old
\$52.5	Ages: 6 years old and over
\$57.5	Ages: 6 years old and over
\$80.0	Ages: All Ages
	\$80.00 ust be

For more information please contact us at 780-675-2797 or at multiplexaquatics@athabasca.ca

Lane, Open, & Public Swim Rules

Children 0-5 years old need to be in arms reach of a reasonable person 18 yrs or older.

Children 6-8 years old must be directly supervised by a reasonable person 16 yrs or older.

One caregiver can watch 4 kids 8 years old and under. 8 kids if they all have lifejackets on.

9 years old + can access the pool alone as long as it is not family swim.

Mermaid tails can be worn if they can tread water 2 minutes, and swim 25 m while wearing tail, without incident.



2022 DROP IN AND MEMBERSHIP RATES effective May 1, 2022

ALL PRICES	TOTS	CHILD	STUDENT 13+	STUDENT 13+	ADULT	SENIOR	FAMILY
INCLUDE GST	Under 3 yrs	3 yrs – 12 yrs	includes POST SECONDARY	Enrolled in a Aspen View School	18+	65 +	***
Walking Track	FREE	\$3.00	\$3.00	\$3.00	\$3.00	\$2.00	
Daily Drop in	FREE	\$5.00	\$7.00	\$7.00	\$9.00	\$7.00	\$21.00
Monthly Membership	FREE	\$28.00	\$46.00	\$27.00	\$60.00	\$46.00	\$129.00
3 Monthly Membership	FREE	\$80.00	\$130.00	\$130.00	\$171.00	\$130.00	\$368.00
6 Monthly Membership	FREE	\$151.00	\$246.00	\$246.00	\$324.00	\$246.00	\$618.00
Yearly Membership	FREE	\$251.00	\$408.00	\$408.00	\$538.00	\$408.00	\$927.00
Punch Pass Buy 10, Get 1 FREE	FREE	\$47.00	\$67.00	\$67.00	\$88.00	\$67.00	\$206.00
Walking Pass Buy 10, Get 1 FREE	FREE	\$26.00	\$26.00	\$26.00	\$26.00	\$13.00	



^{***} a family will consist of two adults (married, common in law, legal guardians), and their children, residing at the SAME address. MAXIMUM 2 ADULT STUDENTS per family membership.





Tel: 780-675-1135

Box 2085 Athabasca, AB T9S 2B6









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Bronze Sponsor

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THANK YOU TO ALL OF OUR SPONSORS!!